



Heart Walk®

Brooklyn Heart & Stroke Walk Volunteers

Join us as a volunteer at the **2016 Brooklyn Heart & Stroke Walk** on Sunday, September 18th!

Volunteers are a crucial role in promoting heart health and creating a fun and memorable experience for the Brooklyn community!

Brooklyn Heart & Stroke Walk

Arrival Date/Time: Sunday, September 18th, 8:00AM sharp

Event Closing: 1:00PM

Location: Cadman Plaza (1 Cadman Plaza East, Brooklyn, NY)
Volunteer Command Center

Volunteer T-Shirts and Breakfast will be provided!

VOLUNTEER SIGN UP

- 1.) Register as a volunteer at this link: [Volunteer Registration](#) OR
- 2.) Register by emailing Justine Kim, Community Relations Director, at Justine.Kim@heart.org

ABOUT THE EVENT:

The Brooklyn Heart & Stroke Walk is a great way to support the life-saving mission of the American Heart Association. The 3 mile walk promotes physical activity and heart-healthy living in a fun environment with family, friends or co-workers. It's fun for all ages! Festivities start at Cadman Plaza with a route through Brooklyn Bridge Park and the Brooklyn Promenade.

DRESS CODE:

Please dress comfortably! Wear sneakers, casual wear and a light jacket or sweater, as it may be chillier in the morning.

VOLUNTEERS ROLES: *(Roles will be determined that day on a first come basis!)*

Assignment: Heart Walk Guide & Cheer Team

Role Description:

- Cheer on the walkers/runners using signs and noisemakers as they pass your post!
- Guide walkers/runners along the 5K course
- Answer FAQ questions or direct participants to the information booth

Assignment: Heart Health Activities *(Teaching Gardens, Healthy Eating, etc.)*

Role Description:

- Engage walkers and runners along the route
- Promote heart health through games, trivia and educational material
- Cheer on walkers and runners